



# **OUTSMARTING YOURSELF: FOODS FOR BRAIN HEALTH**

**JANUARY 13TH AT 4-5PM  
EVERYDAY CAFÉ  
532 NORTH HOMEWOOD AVE.**

**A seminar on African Americans,  
Health, Memory and Aging,  
presented by Dr. Stephanie Boddie.  
Dr. Christopher T. Conti, MD Chief  
Medical Officer at Primary Care  
Health Services, Inc. will answer  
questions following the seminar**

*Co-sponsored by Bible Center, Homewood  
Children's Village, Operation Better Block,  
and Primary Health Care Services, Inc.*